

Please read the information in this leaflet carefully, even if you have used this remedy before. By doing so, you will become well informed about the properties and side effects of pornography (or in short, porn).

Information leaflet

PORNO CETAMOL

Preliminary

This box does not contain medicines or pills. It only holds this information leaflet. This leaflet is meant to inform the reader of the way pornography works and what effects watching it has.

General information

Pornocetamol is another word for using porn, photos or videos of naked people, sex or sexual acts with the goal of provoking sexual arousal in the user. Watching porn works as a pain reliever targeting spiritual and inner pain. Annoying and painful feelings are temporarily numbed. This is similar to the use of Paracetamol, a widely used analgesic. Hence the name Pornocetamol. In addition, porn temporarily gives you a good feeling.

Composition

Watching porn has an effect on the limbic system of your brain since substances are released that affect your mood. The most important of these are dopamine and endorphins. These are endogenous substances and are also called 'happiness hormones' due to the effect they have on your feelings.

Endorphins:

Works as a pain relief (similar to morphine). It fights the effects of both physical and psychological stress.

Dopamine :

Your endurance increases, you feel more energetic. Hunger and fatigue disappear. Pain will be less noticeable (anesthesia). You will be excited and happy, you will feel more energy and you will think you can conquer the whole world.

When to use

Porn is used by many people as they experience unsolvable problems with themselves or with their environment. In cases of severe stress, emotional hypersensitivity or socialization problems, many people tend to find a means of escape in porn and masturbation. In addition, loneliness, insecurity, anxiety, perfectionism, boredom, conditions at home, as well as a variety of psychological problems can be reasons to use Pornocetamol.

Duration of the effect

The analgesia and temporary, pleasant feelings are only noticeable while watching porn. Once the user is no longer watching porn, this 'pleasant' feeling disappears and the problems from which he runs away are still present.

Overdose

Because of the additional stimulation of the endorphin and dopamine system, the body becomes resistant and insensitive to them. The dopamine receptors need more dopamine in order to achieve the intended effects. This results in emotional and physical exhaustion. If the user is no longer watching porn, the normal state of mind can be described as negative, empty and somber.

Side effects

The effects of watching porn may be:

- Depression and dejection
- Self-disapproval and uncertainty
- Incorrect image of women and sexuality
- Insensitivity and emptiness
- Reduced sexual sensitivity
- Temporary impotence
- Relationship problems and divorce
- Fear of discovery and double life
- Feelings of shame and guilt
- Conflicting worldviews
- Obsessively occupied with sex
- Passivity and evasion of responsibility
- Powerlessness and the use of other drugs

Warning

This drug has an addictive effect after just a single use. Do not take it, it will cause harm to you.

Instructions for use

People under the age of 18 years, as well as people over the age of 18, are strongly discouraged from using this drug. Porn does not add anything to your life. You do not get better, nicer or smarter. Developing a normal hobby is recommended.

How to stop using this medicine

You may always stop using this drug immediately. Do you have difficulties or fail to refrain from using it on your own? Seek help in your environment. Porn has long served as a so called pain reliever and a way to deal with your problems. Stopping watching porn can make these unpleasant feelings and problems noticeable and real again. Dare to face these feelings and problems and do not run away. Have you already been using this drug for some time without knowing the side effects of it? Are you unable to stop using this medicine? Seek help!

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